



# TALK IT OVER

THE HEALING PATH (PART 3) | PASTOR TROY STEIN

## KEY SCRIPTURES

“Now the LORD God had planted a garden in the east, in Eden; and there he put the man he had formed.”

**Genesis 2:8 NIV**

“So the LORD God banished him from the Garden of Eden to work the ground from which he had been taken. <sup>24</sup> After he drove the man out, he placed on the east side<sup>[a]</sup> of the Garden of Eden cherubim and a flaming sword flashing back and forth to guard the way to the tree of life.”

**Genesis 3:23-24 NIV**

For I do not do the good I want to do, but the evil I do not want to do—this I keep on doing. <sup>20</sup> Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it. <sup>21</sup> So I find this law at work: Although I want to do good, evil is right there with me. <sup>22</sup> For in my inner being I delight in God’s law; <sup>23</sup> but I see another law at work in me, waging war against the law of my mind and making me a prisoner of the law of sin at work within me. <sup>24</sup> What a wretched man I am! Who will rescue me from this body that is subject to death?”

**Romans 7:19-24 NIV**

## START TALKING

Have you ever lost HOPE? (Please share)

Have you ever felt POWERLESS? (Please share)

## START THINKING

Read Romans 7:19-24. Pastor Troy said, “Powerlessness is caused by one of two roads: the flesh or the devil.” How do you feel about that statement? Which road has caused you more difficulty?

Pastor Troy said, “There are three styles of relating to powerlessness.”

1. Martyrdom
2. Belligerence
3. Disengagement

Which style do you struggle with the most?

Three things to do when you feel powerless...

1. Experience Sacred Discontent
2. Have Innocent Anticipation
3. Embrace Playful Risk

Talk about these steps and where you’re at.

## START PRAYING

Jesus, please help me. I feel powerless and I don’t want to lose hope. I choose to hold tight to You. In Your powerful Name, Amen.

## START DOING

When you begin to lose hope, by faith worship God in song!!!